

# **FISHBACK CLASSIC SOCCER TOURNAMENT**

**FISHBACK SOCCER PARK, BROOKINGS, SD**

## **MEDICAL INFORMATION**

2010 Fishback Classic Injury/Emergency Plan

July 16<sup>th</sup> - 18<sup>th</sup>, 2010

Dear Participants:

Welcome to the Fishback Classic Soccer Tournament we hope you have a safe and enjoyable weekend.

The Sioux River United Soccer Club along with the Avera Brookings Medical Clinic will be providing medical services for the Fishback Classic Soccer Tournament. The Tournament Medical Team (TMT) will consist of two or more licensed athletic trainers. The medical services room will be located on the north side of the concessions building at the soccer park. The medical team will have first aid supplies with them to perform assessment and care on the field if necessary. Ambulance services will be provided by the Brookings Hospital if needed during the tournament.

With safety foremost we request that coaches, parents or other spectators not enter the field when an injured player is down until waved on by the referee. The coach and referee will determine if medical assistance is needed and at that time should have the field marshal contact the TMT. The TMT has full authority to treat or recommend medical care as appropriate. Any player, coach, or parent who wishes to refuse treatment may do so.

Teams with their own medical care provider must register them in advance along with their proof of credentials at the tournament headquarters during team check in.

Attached are more Injury/Emergency Plan guidelines. If you have any questions please let us know.

Best of luck to all teams participating in the Fishback Classic Soccer Tournament.

Sheri Heinz, Tournament Director

Carol Juhnke, Tournament Medical Coordinator

Ashley Hubregtse, Medical Team Leader

## 2010 Fishback Classic Soccer Tournament Injury/Emergency Plan Guidelines

### I. Medical Forms:

- a. All teams must have current medical release forms present for all players

### II. Hyperthermia - Heat Stress:

- a. Weather conditions can and will change from day to day or hour to hour. Please be prepared for any type of weather.
- b. Team coaches and players are advised to bring adequate amounts of water.
- c. Light weight clothing made of breathable material is advised.
- d. Players should consume well-balanced meals and adequate amounts of water.
- e. Teams will need to supply their own shelter on the field.
- f. Game Officials with the advisement of the tournament director will provide a water break during each half if the weather dictates.

### III. Over-the-Counter (OTC) Medications

- a. It is the responsibility of the team's coaches and players to bring their supply of OTC medications such as ibuprofen, aspirin, acetaminophen, antihistamines, etc. to care for team players. The TMT may recommend use of such medications when assessment and treatment is given

### IV. Prescription Medications

- a. Each player is responsible for their own prescription medications such as inhalers.

### V. On the Field Assessment and Initial Treatment Guidelines

- a. Only TMT members will be allowed on the field with the exception of the coach or team representative. At the discretion of the game official or TMT a parent may be called onto the field.
- b. Players, coaches, or game officials should not move or roll an injured player.
- c. Players should remain a distance away from the injured athlete to allow the TMT room to assist the injured player.
- d. A TMT member will determine the transportation needs of the injured player and make a recommendation to the coach or parent.

### VI. After the Initial Assessment and Treatment has been Accomplished

- a. Determination of the player returning to competition, getting additional treatment, or being transported to a medical care facility will be made.
- b. Once the player has been taken to the sideline continued care will take place as deemed necessary by the TMT member.
- c. At this time parents will be allowed to confer with the player and the TMT member.
- d. The TMT will have ice available for injuries.

### VII. Preventative Taping and Bracing

- a. Wrapping/Taping of extremities' - the TMT will provide this service. Players or the coach should provide the tape.
- b. Taping will be provided at the treatment room located on the north side of the concessions building at the soccer park.
- c. If you need taping please arrive an hour prior to game time to allow adequate time for the TMT member to do the taping.